

Washington Area Compensation and Benefits Association

is pleased to present
***Building some muscle in your
Health Management program
Thursday, April 16, 2009***

Summary:

The session will examine why and how to create a health management culture as part of your business strategy. The session will be in lecture format with a key discussion around the benchmarks for success checklist and strategies for enhancing the ROI.

Developing an overall health management program is a journey but can be cost effective as well as improve employee health and productivity. This session will examine:

- Why should an employer consider it?
- How to do it effectively?
- How to measure it?

We will also examine the behavioral change proven process steps of understand, educate, implement, measure and sustain, the seven benchmarks of success and strategies for enhancing the ROI.

Wellness Programs: Avoiding the Legal Pitfalls

When designing and administering a wellness program, it is essential to have a clear understanding of your legal and regulatory obligations. There is a matrix of rules that set the parameters for what can and cannot be done in this arena. These include:

- ERISA
- Internal Revenue Code
- HIPAA (both nondiscrimination and privacy)
- ADA

And, there is an important new law looming on the horizon that could have a significant impact on wellness programs. This is the Genetic Information Nondiscrimination Act (GINA) which will apply to employers on November 21, 2009.

We will assess how each of these laws impacts wellness programs and provide practical guidance on how to address them.

Please bring your questions and be prepared to engage with our presenters for informed, helpful discussion and answers.

Presenters:

Kathleen Strukoff, Senior Vice President

Kathleen Strukoff is a senior vice president and key account manager based in the Baltimore office. Her primary responsibilities include managing client engagements and relationships for large Aon clients. Ms. Strukoff has over 20 years of experience in assisting clients develop solutions to their human resource business needs. Since joining Aon Consulting in 1996 from a public corporation where she worked as a human resource executive, she has worked with several large employers. Ms. Strukoff holds an MBA in Human Resources from the University of New Mexico. She also has earned her CEBS designation and SPHR. Kathleen serves on the National Total Rewards Forum for SHRM.

David R. Sanders J.D., LL.M., Vice President

Dave is a vice president in Aon Consulting's National Tax and ERISA practice working out of the Baltimore office. Dave reviews contracts, insurance policies, plan documents and other materials on behalf of Aon clients to ensure fairness and balance as well as compliance with applicable laws and regulations. In addition, he performs employee benefit compliance reviews, researches technical issues, monitors regulatory changes, and supervises the preparation of government filings for clients.

David has 21 years of experience in the employee benefits field. Prior to joining Aon, David was a principal in a Washington, D.C. law firm with a national employee benefits practice. David holds a BS in Political Science from Indiana University of Pennsylvania and a JD as well as a LLM in Taxation from the University of Baltimore Law School. He has served as a volunteer on the Human Resources Committee of the United Way of Central Maryland, the Employment Committee of the Greater Washington Board of Trade and the Legal Section Council of the American Society of Association Executives.

Washington Area Compensation and Benefits Association

Building some muscle in your Health Management program

Agenda

Thursday, April 16, 2009

8:30 – 9:00 am Registration & Breakfast/Networking

9:00 – 11:00 am Program

Cost

- Included in annual dues for members, and non-members who join prior to the program or at the door. Annual WACABA membership is \$100.
- \$45 for non-joining non-members

Location

MITRE Corporation
MITRE 2 Building
7515 Coleshire Drive
McLean, VA 22102

Register!

Please register by **Monday, April 13**
You may register online at www.wacaba.org

Name: _____

Job Title: _____

Organization: _____

Address: _____

City/ST/Zip: _____

Email: _____

_____ ***Please send membership information***



Directions to MITRE Corporation
MITRE Building 2
7515 Coleshire Drive
McLean, VA 22102

From Reagan National Airport

Take the George Washington Parkway North approx. 6 miles to Route 123 South, McLean exit. Exit onto Route 123 (also called Dolley Madison Blvd.) follow south for approx. four miles to traffic light at Colshire Drive (on left). Turn left onto Colshire Drive, follow to traffic circle. Take third right off traffic circle, proceed approx. 50 yards, turn right into MITRE2 parking garage (all levels). Walkway to the lobby is located on P2 of garage.

- or -

Take I-66 West. Take Exit 67 to Route 267 (Dulles Toll Road). Take Exit 19A, following signs to Route 123 South, (also called Dolley Madison Blvd.) Tysons Corner. Go to second traffic light, Colshire Drive (on left). Turn left onto Colshire Drive, follow to traffic circle. Take third right off traffic circle, proceed approx. 50 yards, turn right into MITRE2 parking garage (all levels). Walkway to the lobby is located on P2 of garage.

From Dulles Airport

Take the Dulles Airport Access and Toll Road to Exit 19. Take Exit 19A, following signs to Route 123 South, (also called Dolley Madison Blvd.), Tysons Corner. Bear right onto Route 123. Go to first traffic light, Colshire Drive (on the left). Turn left onto Colshire Drive, follow to traffic circle. Take third right off traffic circle, proceed approx. 50 yards, turn right into MITRE2 parking garage (all levels). Walkway to the lobby is located on P2 of garage.

From Route 495 (Beltway)

Take Exit 46B (McLean, Route 123). Take Route 123 (also called Dolley Madison Blvd) North to the second traffic light and turn right onto Colshire Drive, follow to traffic circle. Take third right off traffic circle, proceed approx. 50 yards, turn right into MITRE2 parking garage (all levels). Walkway to the lobby is located on P2 of garage.

For more information, follow this link:

http://www.mitre.org/about/locations/mitre2_map.html

Please bring government-issued identification (e.g., driver's license), to enter the building.

