



Washington Area Compensation and Benefits Association

Your Compensation and Benefits Networking Resource

*WACABA is pleased to present:*

## **Managing Health Care in the Midst of Health Care Reform**

**Thursday, February 17, 2011**

Hosted at NRECA, Arlington, VA

Presented by Cara Jareb, Actuary, Towers Watson

### ***Summary***

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Health Care Reform (HCR) - what's the latest hallway chatter on Capitol Hill?

- \* What analyses of HCR's impact have employers done?
- \* What have companies implemented for 2011?
- \* What are the big concerns of employers now that HCR's initial phases have started?
- \* What are companies exploring for health care cost containment over the next four years?

### ***About Our Presenter***

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Cara Jareb, FSA, MAAA will be our session speaker. Cara is a senior consulting actuary and specializes in health and welfare benefits in Towers Watson's Washington, D.C. office. She is one of Towers Watson's national resources on health savings accounts (HSAs). Cara has expertise in all aspects of the design, pricing and valuation of health and welfare benefits. She assists clients with group insurance bids, Medicare Advantage product evaluation, prescription drug program analyses (including Medicare Part D strategy and redesign), long-term disability analyses, medical claims analyses and the valuation of postretirement and post-employment liabilities.), Cara holds an M.S. in applied mathematics and a B.A. in mathematics (cum laude) from the University of Illinois. She holds a B.A. in psychology (Phi Beta Kappa) from Northwestern University. She is a fellow of the Society of Actuaries, a member of the American Academy of Actuaries and is past president of the Actuaries Club of Washington, D.C.



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## Agenda

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February 17, 2011	8:30-9:00 am	Registration & Breakfast
	9:00-11:00 am	Program

## Cost

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- Included in annual dues for members and non-members who join prior to the program or at the door - annual WACABA membership is \$100.
- \$45 for non-joining non-members

## Location

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NRECA  
Conference Center Room CC1  
4301 Wilson Boulevard  
Arlington, VA 22203-1860

**Metro Access:** Ballston Metro/Orange Line; take escalator to street level/corner of Fairfax and Stuart, turn right toward and cross Stuart, walk one block to Taylor and turn left, NRECA is the last building on the right at the corner of Taylor and Wilson.

**Parking:** Garage across the street @ 4300 Wilson Boulevard, Ballston Point Bldg. Mall parking (\$2.50) @ Ballston Common Mall between Glebe, Wilson & Randolph - take Route 66, Fairfax Dr/Glebe Rd/exit 71, stay in the right hand lane and follow Glebe Rd, Ballston Common Mall is on the left where Glebe and Wilson intersect.

**NRECA Directions:** From I-66, take the Fairfax Dr/Glebe Rd exit 71; exit onto and stay on Fairfax, turn right on Taylor @ 3rd light; NRECA is the last building on the right before Taylor dead-ends into Wilson.

## Register !

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Register online at [www.wacaba.org](http://www.wacaba.org).